

Science-based Homeopathy

Dr. Nancy Malik

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Evidence-based Medicine

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Dedicated to my parents

Preface

This book attempts to provide an exhaustive treatment of the basic foundations and principles of homeopathic system of medicine

Readers are advised to work out the unsolved problems in homeopathy and enhance their learning and knowledge of the subject.

Author has spared no effort to make the book increasingly useful for everyone.

Constructive criticism and suggestions for further improvement of the book would be most welcome.

Yours sincerely
Dr. Nancy Malik
Aug 2012

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Which sports persons uses homeopathy and why?

June 30, 2012

SPORTS INJURIES Most of the sports injuries are of traumatic type such as bruise, muscle strain, ligament sprain, fractures, etc. Others include muscle soreness, muscle cramps, stiffness, cuts and abrasions. The effect of these injuries is two-fold. One the cells that made up soft tissues gets damaged and the second is fatigue and weakness. Sometimes [...]

To read more visit the [original post](#)

What Nobel Laureates said on Homeopathy

June 05, 2012

What Nobel laureates, doctors, scientists, professors and science writers had to say on homoeopathy? 1. Emil Adolf von Behring (1905) Emil Adolf von Behring (1854–1917) won the first Nobel Prize in physiology or medicine in 1901 for his discovery of the diphtheria antitoxin. In 1892 Behring actually experimented with serial (homeopathic) dilutions and found paradoxically [...]

To read more visit the [original post](#)

Poll: Should pharmaceutical drug treatments be publicly funded by the NHS UK?

June 05, 2012

Billions of pounds pumped in every year but the state and level of health of a UK citizen is not improving. Instead 10,000 people in Britain die each year due to adverse drug reaction and drug intoxication [1]. More and more people are queuing up for NHS. What's wrong? Think about it! Save Tax payers [...]

To read more visit the [original post](#)

Poll: Which form of medicine would you prefer to use?

June 04, 2012

Filed under: homeopathy Tagged: health, homeopath, homeopathic, homeopathy, medicine

To read more visit the [original post](#)

Socked! Conclusions of The Lancet's "end of homeopathy" study discredited

May 22, 2012

Reblogged from Laughing my socks off ...: Two recent and related papers, published in the Journal of Clinical Epidemiology and Homeopathy (the journal of the Faculty of Homeopathy, the UK's professional organisation of medically qualified homeopaths), have reconstructed the analysis carried out by the authors of The Lancet's much vaunted 2005 meta-analysis, on the back [...]

To read more visit the [original post](#)

Homeopatía: Últimas investigaciones

May 21, 2012

Reblogged from Natursalus Terapeutas: A pesar de que desde diversos sectores se ha estado atacando sistemáticamente a la homeopatía, es un hecho que cada vez más personas en el mundo la utilizan. Esta tendencia se basa principalmente en los magníficos resultados en casos en los que la medicina tradicional o alopática no ha tenido el [...]

To read more visit the [original post](#)

Doctor getting a feedback

May 20, 2012

Reblogged from Arvydas's Blog: Local newspaper writes: A sixty year old man hits a couple of times his doctor in the head with a glass plate Yes, i have been waiting for something like that to happen, otherwise I was starting to think that there is no consequence in this world for all the evil [...]

To read more visit the [original post](#)

Health basics: Why homeopathy is rapidly gaining acceptance and credibility

May 19, 2012

Reblogged from ehomoeco: Health basics: Why homeopathy is rapidly gaining acceptance and credibility via Health basics: Why homeopathy is rapidly gaining acceptance and credibility. Why is homeopathy becoming so popular, so quickly? No time in the history of mankind have people been so sick as they are right now, and conventional medicine is NOT helping. The [...]

To read more visit the [original post](#)

Reality medicine vs fantasy medicine

May 19, 2012

Reblogged from Heroes Not Zombies: Two papers published in the Lancet recently present contrasting views of the future of health care. Researchers in Scotland highlighted the fact that many people with chronic conditions suffer from more than one disease at a time. The study looked for 40 chronic conditions among the participants' data. Researchers found that [...]

To read more visit the [original post](#)

A portrait of Samuel Hahnemann - Part I

May 17, 2012

Reblogged from hillviewroad: In the students world of homeopathy we hear plenty of rumors about the elusive Hahnemann. But who was he really, and WHAT was he fighting for? The last few days have taken me on a brief historical trip, with the intention of gaining better insight into the healing mind of Samuel Hahnemann. [...]

To read more visit the [original post](#)

Beating Depression with Homeopathy

May 17, 2012

Reblogged from ymreviews: Beating Depression with Homeopathy Tube. Duration : 0.42 Mins. When my mom passed away last December I felt like the world has turned its light from me. She had a stroke and no matter how much we tried to save her, she didn't make it. I am her only son. I told [...]

To read more visit the [original post](#)

Best Homeopathy Blogs on WordPress

May 14, 2012

Top 63 WordPress blogs of all times on homeopathy- chosen among those which can be reblogged – not in any particular order/rank. They are must read. Read them. Like them. Comment on them. Follow them. The link is followed by a number which indicates the number of comments on that post General The Science Delusion. Rupert Sheldrake 6 How [...]

To read more visit the [original post](#)

Specialization vs Homeopathy and the missing puzzle

May 13, 2012

Reblogged from THE SOLUTION OF EQUAL MONEY SYSTEM:
Ok here I want to look at the detrimental effect of Specialization in Healthcare, what homeopathy has to offer and what it is still missing. While studying homeopathy I have the opportunity to observe and learn about our healthcare system. Within that I compare the modern approach [...]

To read more visit the [original post](#)

Thumbs Up for Homeopathy - the gentle way

May 10, 2012

Reblogged from BIO-SIL SOUTH AFRICA Blog: The Swiss government's exceedingly positive report on homeopathic medicine by Dana Ullman www.naturalnews.com The government of Switzerland has a long history of neutrality, and therefore, reports from this government on controversial subjects need to be taken more seriously than other reports from countries that are more strongly influenced by [...]

To read more visit the [original post](#)

Homeopathy & Medication...

May 09, 2012

Reblogged from TheWombRoom: Part 3.... High profile deaths
Around the same time, some high-profile women with histories of IVF attempts died of cancer. Journalists Ruth Picardie of The Guardian (UK) died of breast cancer at age 33, and Liz Tilberis (British Vogue and U.S. Harper's Bazaar) died of ovarian cancer at age 51. Liz's doctors [...]

To read more visit the [original post](#)

Adventures in healing

May 08, 2012

Reblogged from emilie reas: Today marks the 8 week anniversary of my perplexingly stubborn foot injury. Had I known back in February that I would still be unable to run today, I likely would have resigned myself to a period of springtime hibernation. But every day brings new reasons for optimism and I can now [...]

To read more visit the [original post](#)

Homeopathic prevention and treatment for whooping cough - 7 common remedies that work

May 05, 2012

Reblogged from WRC559: (NaturalNews) Whooping cough is a bacterial infection of the upper respiratory tract, primarily effecting both vaccinated and unvaccinated children. It's highly contagious, and adult whooping cough is not uncommon. It starts as a common cold and develops into a spasmodic, persistent, suffocative cough accompanied by a sore throat, fever, mucus secretion and [...]

To read more visit the [original post](#)

Understanding Homeopathy

May 05, 2012

Reblogged from Healing Is a Process, Not a Pill: HOMEOPATHY is a system of medicine that seeks to cure through natural laws of healing using natural substances made from animal, plant, and mineral. It was “discovered” in the early 1800’s by Samuel Hahnemann, a German physician because he felt the traditional methods of the time [...]

To read more visit the [original post](#)

Healthy brain: Practice Yoga

May 04, 2012

Reblogged from Live Your Life Well: Stay Positive: We should all be concerned about the health and fitness of our brains. We are living longer these days, but long life, unfortunately, can be associated with reduced mental capacity if we don't take care of our brains throughout our lives. Read more... 501 more words Yog-asana [...]

To read more visit the [original post](#)

Treating Fever? Learn Your ABCs

May 04, 2012

Reblogged from Liberation Wellness: babycough.com What do you do when your child has a fever? Recently, I shared with you the recent evidence showing a connection between Tylenol and asthma . As parents, such dangerous side effects should give us pause, but it is difficult to watch our little ones suffer without some taking action [...]

To read more visit the [original post](#)

Homeopathy will continue to be reimbursed in Switzerland

May 03, 2012

Reblogged from Health Services Authors: Following the favorable conclusions of a Technology Assessment report the Swiss mandatory health care reimbursement fund will continue to reimburse some alternative medicines such as homeopathy alongside with phytotherapy, neural therapy, anthroposophically extended medicine and traditional Chinese medicine – phytotherapy. switzerland (Photo credit: siette) The design of some analysis implemented for arguing the [...]

To read more visit the [original post](#)

Why 'PharmaKon'?

May 02, 2012

Reblogged from PharmaKon: In Plato's Phaedrus, the Egyptian god of writing offers King Thamus writing as a "remedy" ("pharmakon") that can help memory. Thamus refuses the gift on the grounds that it will only create forgetfulness: for him, it is not a remedy for memory itself, but merely a way of reminding. Writing is thus [...]

To read more visit the [original post](#)

I had to give a Commencement Speech

May 01, 2012

Reblogged from DrMeyer's Blog: Well, I'm not Steve Jobs, and I don't think my speech will go viral after I die. Nevertheless, my speech was well-received, and hopefully I'll do better next time, if there is a next time. I have never done this before, and was of course very nervous. I tried to get out [...]

To read more visit the [original post](#)

Homeopathic Solutions for Stress, Nervousness and Sadness

April 30, 2012

Reblogged from Holistic and Naturopathic Treatments Information: Standard medicinal practice has become increasingly aimed at medicating issues and handling problems with surgical treatments. This has led to an overblown medical system, looking for a fast solution for every issue. When it comes to stress, anxiety, and depression symptoms, health professionals claim various medications will fix [...]

To read more visit the [original post](#)

OR A PAIN IN THE EAR...

April 27, 2012

Reblogged from foryourowngooddotorg: To pursue the discussion about how flying can affect us after the heavy legs issue, I would like to give a few tips to people suffering from earache while flying. This mainly happens at take off or landing and is due to a very rapid change in air pressure. Normally, the Eustachian tube opens [...]

To read more visit the [original post](#)

Homoeopathy is Scientific NanoMedicine: Study

April 25, 2012

Reblogged from AYUSH NEWS: New Delhi, Dec 5,2011: Debunking the oft-repeated debate of quashing 'sweet milk powder pills' as mere 'placebo', a latest study has shown that Homoeopathy may be a highly scientific 'Nano-Medicine'. "Even the highest dilutions of remedies have left signatures of respective original molecules in their nano-particle form, when subjected to electron [...]"

To read more visit the [original post](#)

Homeopathy For Autism

April 25, 2012

Reblogged from Elitehealthwatch's Blog: Receiving the diagnosis of Autism is a life changing event as it leads to a kind of despair and feelings of hopelessness in the parents. Parents feel devastated, as they are told that ASD is mysterious and there is no cure. The diagnosis is not the end of a process but [...]

To read more visit the [original post](#)

Is Medicine becoming a New Religion? (Part 2)

April 24, 2012

Reblogged from Dr.Sundardas Blog on Natural Medicine: Like any good faith, the church of medicine stands on the authority of its sacred texts. The randomized double-blinded placebo-controlled trial is the gold standard that assures the purity of church doctrine. The sacred studies are the only source of true knowledge; all other forms of knowledge are [...]

To read more visit the [original post](#)

Homeopathy For Dental Problems

April 23, 2012

Reblogged from Homeopathy study Group learn homeopathy: Cell salts are integrated into the building my sons used to construct. As they grew older, I'd leave it up to them to take their 4 pills while playing with Lego's. I'd like to thank The Healthy Home Economist for first sharing the following post with her readers. Now, [...]

To read more visit the [original post](#)

Before a competition, take a deep breath... and a few pellets too!

April 22, 2012

Reblogged from foryourowngooddotorg: I would like to talk about one of the first homeopathic medicines I tried, because I think it could be useful to many people. I used to be a fairly good student and to perform well during tests, written or oral—except for the driving test. Although I was doing okay during the [...]

To read more visit the [original post](#)

Handle Fevers with Homeopathy, Not Drugs

April 20, 2012

Reblogged from HOMEOPATHY WORKS: As a parent, is there anything more frightening than a young child with a high fever? Even those of us who have decided to raise our children without the use of drugs could find our resolve weakening without proper preparation in the face of a thermometer reading north of 103■. Before [...]

To read more visit the [original post](#)

Belief is a Potent Medicine

April 17, 2012

Reblogged from theholisticdirectory: Your Beliefs become your Thoughts Your Thoughts become your Words Your Words become your Action Your Actions become your Values Your Values become your Character The combination of all these factors including your habits create your Destiny and Health Thanks to Elke Keil – <http://www.elkekeil.com> Filed under: homeopathy Tagged: health, homeopath, homeopathic, [...]

To read more visit the [original post](#)

Homeopathy Awareness Week 10-16 April

April 05, 2012

Image Credit: Homeopathy World Community Starting year 2005, the week following the birthday of Hahnemann on 10 April is celebrated as World Homeopathy Awareness Week (WHAW) The Official Page for WHAW is <http://www.worldhomeopathy.org> and <http://www.usahomeopathy.org> FaceBook Page <http://www.facebook.com/pages/WHAW-World-Homeopathy-Awareness-Week> Twitter

Feed <http://www.homeopathyworldcommunity.com/page/twitterfeed-1>

Add a blue ribbon at the bottom of your avtaar/profile picture of Twitter and/or Facebook <http://twibbon.com/join/WHAW-2> [...]

To read more visit the [original post](#)

World Homeopathy Day 10 April

April 04, 2012

Image Credit: Schwabe India Greetings to all homeopaths and patients of homeopathy spread across 7 continents – a wonderful “World Homeopathy Day” on 10 April 2012 on account of the 257th birthday (1755) of founder and father of Homeopathy Dr. Friedrich Samuel Hahnemann. Every year 10 April is celebrated all over the world as ‘World Homeopathy [...]

To read more visit the [original post](#)

Our February Journey to Cuba Part One

April 04, 2012

Reblogged from In Search of Evidence: So it's been almost 2 weeks since my return from Cuba, and this last trip was certainly an adventure! But where to start? Well I'll break this up in to 2 segments so as not to overwhelm anyone including myself. I guess it all began with my arrival through the [...]

To read more visit the [original post](#)

Father of Human Pharmacology

April 02, 2012

Reblogged from adityathedarwinian: [click here](#)
www.adidarwinian.com/father-of-human-pharmacology/ Filed under:
homeopathy Tagged: health, homeopath, homeopathic,
homeopathy, medicine, pharmacology

To read more visit the [original post](#)

Homeopathy Hits a Homer

March 29, 2012

Reblogged from Psora Psora Psora: If you haven't heard by now, here's an incredible article on the efficacy of homeopathy, via Dana Ullman, writing for Huffington Post. Recently, the Swiss government (not any pressure group, think tank or pharmaceutical company—the actual government of the country of Switzerland) released a report on homeopathy and related CAM [...]

To read more visit the [original post](#)

Mind Over Matter: The Pressures of Hypertension

March 29, 2012

Reblogged from drnehavijayakar: Medicine, as we know it, has always been about diagnosing an illness, finding out its cause and treating it. It was presumed that a disease had to have a “medical” cause. But, slowly, the practitioners of medicine came to realize that not all etiologies could be explained medically. There were some ailments [...]

To read more visit the [original post](#)

The Healing Power of Homeopathy

March 29, 2012

Reblogged from CANCER DISEASE FACTS: Looking back in history, Homeopathy emerged from the discoveries, teachings and writings of Doctor Samuel Hahnemann who graduated from medical school in 1779 and set out to practice conventional medicine. Unlike the brutal medical practices of his day, such as forced purging, bloodletting and the use of toxic chemicals, Dr. [...]

To read more visit the [original post](#)

An Athletes Relief Aid

March 28, 2012

Reblogged from : Arnica Montana also known as the Mountain Daisy and Leopard's Bane belongs to the Compositae family and is found along the slopes of the Andes and along the Central European Alps and Siberia. It grows in the mountains, not on the tops but where it is of most use along the slopes of the [...]

To read more visit the [original post](#)

HEALING WITH HOMEOPATHY

March 27, 2012

Reblogged from ETHOS HOMEOPATHY CLINIC: Did you know homeopathy is a system of natural health care that has been in worldwide use for over 200 years? It is recognised by the World Health Organisation as the second largest therapeutic system in use in the world! While it is most popular in India and South America, [...]

To read more visit the [original post](#)

PART 2, INVENTING MEDICAL REALITY

March 27, 2012

Reblogged from Jon Rappoport's Blog: PLACEBO WASHOUT ANOTHER OUTRAGEOUS MEDICAL COVERUP FEBRUARY 24, 2012. Here is yet another way to do medical studies that guarantee a waterfall of lies will spread out far and wide. Another way to make the studies look good when they aren't. Let's say you went into a school to see [...]

To read more visit the [original post](#)

The Secret Pact Between Mainstream Medicine and Big Pharma

March 26, 2012

Reblogged from No Compulsory Vaccination: We read about it almost every day in newspapers, magazines, and trade publications – doctors, scientists, medical journals and government officials are all being influenced by payments from drug companies. These payments can and do affect the way in which decisions are made about what drugs we will and will [...]

To read more visit the [original post](#)

The Homeopathic Babe - Diaper Rash and Thrush

March 25, 2012

Reblogged from The Homeopathic Pregnancy Blog: Image via Wikipedia Air Time! To treat Diaper rash in a simple way try first giving your babe lots of air time. Find a warm, perhaps sunny spot in your home, lay out a change mat and allow your baby to just spend time diaper free. Spend time in [...]

To read more visit the [original post](#)

Homeopathy for Injuries & Accidents

March 19, 2012

Reblogged from Homeopathy Vancouver BC: Homeopathic remedies can be used for a variety of first aid health complaints, including injuries. Whether the injury is from an accident, playing sports, physical strain or another type of vigorous physical activity, it's time to reach for your Homeopathic First Aid Kit. Cuts and Scrapes Apply direct pressure on [...]

To read more visit the [original post](#)

Homeopathic Treatment of Hayfever

March 18, 2012

Reblogged from Alan Freestone - Homeopathic Consultations in London & on Skype: HOW HOMEOPATHY CAN HELP WITH HAYFEVER & SEASONAL ALLERGIES Homeopaths, like other holistic practitioners, believe that the symptoms someone exhibits are their body attempting to heal itself, or at least express it's dis-ease in the least harmful way. Consequently we don't think that [...]

To read more visit the [original post](#)

New Research From Aerospace Institute of the University of Stuttgart Scientifically Proves Water Memory and Homeopathy

March 16, 2012

Reblogged from Official Homeopathy Resource: A simple experiment by researchers and professors at the prestigious Aerospace Institute of the University of Stuttgart in Germany is confirming Dr. Jacques Benveniste's 1988 assertion that water has an imprint of energies to which it has been exposed. In spite of Jacques Benveniste's experiment to show that homeopathy works [...]

To read more visit the [original post](#)

Worldwide Popularity Grows for Homeopathy Alternative Medicine

March 15, 2012

Reblogged from UKIAH BLOG: From DANA ULLMAN Homeopathy.com Numerous surveys over the past 150 plus years have confirmed that people who seek homeopathic treatment tend to be considerably more educated than those who don't (1). What is not as well known is the fact that homeopathic medicine is the leading "alternative" treatment used by physicians [...]

To read more visit the [original post](#)

Depression and Pessimism Go Hand in Hand

March 15, 2012

Reblogged from Gentle Miracles : There are side effects for your mindset – side effects that limit your life or set you free to enjoy it as it was meant to be enjoyed. To be optimistic is to be happy and to wait for the good to come your way – even if it's not [...]

To read more visit the [original post](#)

Swiss Government Report Highlights Skeptic Groups' and Leaders' Fraudulent Science

March 14, 2012

Reblogged from Elephants And Mice: When you hold a magician and a public relations consultant as a leading scientific expert it is bound to bite you in the ass. The skeptic groups, many sponsored by pharmaceutical companies, have long held the opinion that homeopathy has no scientific validity and have held that the magician Randi [...]

To read more visit the [original post](#)

I Challenge PZ Myers: PUT HOMEOPATHY TO THE TEST!

March 13, 2012

Reblogged from The John Benneth Journal: Like a domestic spat, or like any argument at all, where one side is being held to account for some nasty business, and violently changes the subject . . so it is when homeopathy holds allopathy to account for genocide. Man oh man I've never seen such traffic [...]

To read more visit the [original post](#)

Viva Cuba: massive Homeopathic experiment results

March 11, 2012

Reblogged from Phil the Homeopath's Blog: Homeopathic 'vaccine' tested on 2.3 million Cubans appears to be effective in controlling Leptospirosis epidemic Leptospirosis is a potentially-fatal infectious disease caused by exposure to contaminated water. During a 2007 epidemic in Cuba, a homeopathic medicine was given to 2.3 million people at high risk of infection, while the [...]

To read more visit the [original post](#)

Preserving Your Golden Years: Easy Steps for Preventing Alzheimer's

March 10, 2012

Reblogged from Natural Knowledge 24/7: Alzheimer's disease is one of the most challenging threats to public health, especially for those older than 65 years of age. It is estimated that 4 million Americans and half a million Canadians currently have the disease. While there is no known cure for this chronic illness, there are simple [...]

To read more visit the [original post](#)

Homeopathy Treatment is Efficient and Cost-Effective

March 07, 2012

Reblogged from Healing with Homeopathy: The New Zealand Council of Homeopaths (NZCH) recently endorsed the findings of a Swiss report which many claim to be the most comprehensive analysis and study of homeopathy ever undertaken by a government. According to the report homeopathic treatment is efficient and cost-effective and should be reimbursed by the Swiss [...]

To read more visit the [original post](#)

Kick the Habit with Homeopathy: Smoking and Other Addictions

March 06, 2012

Reblogged from Holistic Health With Homeopathy: Beginning September 2012, new health warnings will appear on all cigarette packages and advertising. These prominent warnings will be displayed on the top 50 percent of both the front and rear panels of each cigarette package and in the upper portion of each cigarette advertisement, occupying at least 20 [...]

To read more visit the [original post](#)

How is Your Health Affected By Your Diet?

March 05, 2012

Reblogged from Lotus Homeopathy: News From The Flower Pond:
Recently I saw that there is a publication entitled something like Diabetes Lifestyle magazine. I am assuming this is directed at those who have developed this awful disease by eating the Western Diet, in other words, Type 2 diabetes. The western diet, and all that accompanies [...]

To read more visit the [original post](#)

To swallow or not to swallow...that is the question!

March 04, 2012

Reblogged from Clever Homeopathy: Abstract A high degree of satisfaction is reported by patients of the homeopathic approach to health care . Hahnemanns postulations in Aphorism 2 of the Organon insist on a treatment that acts “in the shortest, most reliable and least detrimental of ways” (p.35). The routes by which remedies are administered can [...]

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